

Giacomo Calabrese

Giacomo Calabrese was born in Italy in 1969. He studied classical ballet and contemporary dance in Italy, England, USA, and France, and in 1990 he received a scholarship to attend Purchase State University in New York, with the José Limón Dance Company. For many years he pursued in-depth studies of theatre, dance, voice, music, and visual anthropology and subsequently began a long association with the English performer Julyen Hamilton who has become his Maestro of Technique and Instant Composition.

“In recent years, Instant Composition has become my only means of expression. It questions the pre-existing meaning of a theatre piece, yet without refusing it. The essence of a piece can be considered a substrate on which and from which the choreography can emerge and develop, as well as take on different forms every time it is performed. In fact, each piece has its own life and identity since the continuous transformation of its form is innate to its essence. Instant Composition is a conscious, creative act that can merge the artist/creator with his/her surrounding environment, and because it designs and introduces new symbols, it is also a political act of subversion against the “immobility” of the models that have been forced upon us.”

Parallel to dance, he practices Vinyasa Yoga and Tai Ji Quan-Qi Gong, that has enabled him to reach a greater understanding of the body, and with which he has developed his own method for analyzing and researching movement based on osteopathic concepts.

In 2007, he graduated with honors from the National Academy of Dance in Rome, and in 2019, he received a degree in Scienze delle Attività Motorie e Sportive. In 2020 he completed his Level 1 Master's in Posturology and is currently attending a training course in the Mezieres Method.

Since 1989, he has worked and collaborated as a choreographer/performer for various companies in Italy and abroad, and with choreographers such as Bill T. Jones, Sandra Fuciarelli, Adriana Borriello, Ornella D'Agostino, Alessandra Petitti, and director Cesare Ronconi for Teatro Valdoca.

In 2001, he began his activity as a performer/composer of Instant Composition, creating various original dance-voice-video pieces for non-conventional theatres and spaces, with excellent musicians that include Sylvano Bussotti, Barre Phillips, Giancarlo Schiaffini, Roberto Bellatalla and Ensemble Dissonanzen. He is also co-founder of the company Âme-de- Fonds, in Neuchâtel, Switzerland.

He teaches Technique and Instant Composition, contemporary dance technique and movement dramaturgy, Qi Gong and Taiji Quan all over the world. In 2019 and 2020 he taught at the National Academy of Dance in Rome.

"In den letzten Jahren ist Instant Composition zu meinem einzigen Ausdrucksmittel geworden. Sie stellt die bereits bestehende Bedeutung eines Theaterstücks in Frage, ohne sie jedoch zu verweigern. Die Essenz eines Stücks kann als Substrat betrachtet werden, auf dem und von dem aus die Choreografie entstehen und sich entwickeln kann und das bei jeder Aufführung andere Formen annimmt. In der Tat hat jedes Stück sein eigenes Leben und seine eigene Identität, da die ständige Veränderung seiner Form seinem Wesen innewohnt. Instant Composition ist ein bewusster, schöpferischer Akt, der den Künstler/Schöpfer mit seiner Umgebung verschmelzen kann, und weil er neue Symbole entwirft und einführt, ist er auch ein politischer Akt der Subversion gegen die "Unbeweglichkeit" der Modelle, die uns aufgezwungen wurden."